



SOMERSET COUNTY PARK COMMISSION

Therapeutic Recreation

**2022 May/June
Adult Programs**



Please call 908-526-5650 if you would like your name taken off our list.



Therapeutic Recreation Department

P.O. Box 5327, North Branch, NJ 08876 v Tel. 908 526-5650; Fax 908 429-5508
TTY users, please use the Relay Service @ 711 ❖ www.somersetcountyparks.org

Dina Trunzo, CTRS, Manager
Gwen Leubner, Program Coordinator
Lisa Kazman, Program Coordinator

Office Hours:
Monday through Friday 8:00am to 4:30pm
2022 May/June ❖ Adult Programs

Therapeutic Recreation (TR) is a cooperative effort between the Somerset County Park Commission and the following participating municipalities:

Bedminster	Manville
Bernards Township	Montgomery
Bernardsville	North Plainfield
Bound Brook	Raritan
Branchburg	Somerville
Bridgewater	South Bound Brook
Green Brook	Warren
Hillsborough	Watchung

The department provides year round recreation programs to individuals with developmental disabilities residing in participating municipalities. We encourage your input and suggestions. Not sure which program to register for? Please call the TR office. We are here to help you recreate!

POLICIES

Annual Information Form/Release & Waiver Form

In an effort to maintain current personal information about each participant, everyone must complete an annual information form. You are asked to complete it fully and return it to the TR office. Once each year, in January, we will ask you to update the form, and whenever you have new information (such as a new doctor or a change in medication) or have a change in medical status, we ask that you notify us immediately. Additionally, a current Release, Waiver and Participation Agreement Form must be on file.

Financial Assistance

Through the Somerset County Park Foundation, a scholarship/financial aid fund has been created for individuals who cannot pay the entire amount due for a program. To request assistance contact the TR Department to find out more information regarding this procedure and requirements. Minimum contribution will be required.

Payment Policy

All program fees are due when registration is submitted. If necessary, please discuss a possible payment schedule with the TR office. Failure to pay these fees can result in suspension from programs during a season. The participant and/or guardian is responsible for paying the entire program fee regardless of the participant's attendance. A fee may be charged for all returned checks.

Refund/Household Credit Request

The Somerset County Park Commission will refund registration fees due to illness, injury, or other extenuating circumstances which makes participation in the program impossible, providing that prior to the start of the program notification is given to the TR Department. Refunds will be prorated in accordance with the number of sessions/classes attended and/or supplies/tickets already purchased. Furthermore, if we find the program requirements are not commensurate with the abilities of the registrant, a refund for the program will be given. A household credit for other reasons may be granted if the program has not yet begun and another program registrant enrolls. No refunds/credits for absences.

Canceled Programs

A minimum number of participants is required for each program. A program may be canceled if this number is not reached. A program reimbursement or credit will be issued. If a program is canceled because of unforeseen circumstances, you will be contacted as soon as possible, and a program credit or refund will be issued.

Closed Programs

If a program closes because we have reached maximum enrollment, your name will be put on a waiting list and you will be contacted if space becomes available.

Behavior

Participants who are physically or verbally abusive to themselves or others will be suspended from the program and participation in future programs will be limited.

Inclement Weather

If at all possible, TR staff will call your home if a program is canceled due to inclement weather. For further information, you may call the TR office for a recorded message.

Medication/Personal Needs

TR staff cannot administer medication. Participants must be able to meet their own personal needs and administer their own medication.

Groups

No more than two individuals from any one group residence may register for an activity that has limited slots available.

Other Policies

For safety reasons, no smoking will be permitted during TR sponsored activities. Alcohol consumption is forbidden during programs. Registration is not transferable. No participant substitutions will be allowed.

REGISTRATION POLICY

Registration will be accepted beginning on the date specified below. Registration is accepted in the following ways:

- **Registration is now online and will open on Monday, April 18 at 5:00pm.**
- Phone-in/fax registration will begin Tuesday, April 19 at 9:00am. **No email registration accepted.**
- Registrations received prior to the specified date & time will not be accepted.
- The fax machine is in a public area. It is highly recommended that you fax only during office hours.

Please visit our website to review our policies and procedures as well as information regarding the TR registration process.

PICK-UP /DROP-OFF



This symbol is displayed by those programs listed for which a vehicle is available. All participants receiving rides from the TR Department to programs must abide by TR policies. The pick-up times will be established one week before the start of each program. In order to maintain this schedule, all riders are expected to be at their "pick-up" site at the time designated. The TR staff can wait at that location no more than 5 minutes after the time specified. Families/guardians are to be at the site at the time specified for "drop-off". Failure to abide by these terms more than twice per season, or misbehavior on the vehicle, will result in loss of this privilege.

The TR staff reserves the right to change or cancel pick-up/drop-off points listed for each program depending on the number of individuals requesting rides to programs from that point. Notification will be made prior to the start of the program. Pick-up/drop-off is available on a first come, first served basis.

****No pick-up/drop-off is available within 5 miles of a program site. ****

The TR Department does not provide home pick-up/drop-off.

AVAILABILITY ON THE VEHICLES IS LIMITED AND WILL BE GRANTED ON A FIRST COME FIRST SERVE BASIS. MASKS WILL BE REQUIRED WHILE RIDING IN THE VEHICLES. NO EXCEPTIONS!

If you have any questions about these policies, or if you are scheduled for pick-up, but cannot attend the day's program or event, please call the TR office. 908-526-5650.

Location: All Programs are held at North Branch Park, TR Activity Center, 355 Milltown Road, Bridgewater, unless otherwise noted.



This symbol displayed next to programs indicates that pick-up/drop-off **MAY** be available from the locations listed below.

- A. Dewy Meadow Village Mall
403 King George Rd, Basking Ridge
- B. Nelsons Corner Shopping Center
Rte. 206 & Amwell Rd, Hillsborough

PICK-UP/DROP-OFF POLICY

This policy applies to all programs offered by the department. Participants will be given one (1) warning per calendar year and allowed one (1) offense per year.

- A. Individuals dropped off early and picked up late at Park Headquarters for special programs and trips will be assessed a penalty of \$10.00 per fifteen (15) minutes after a (15) minute grace period.
- B. Individuals who are dropped off early and picked up late at designated pick-up/drop-off points will be assessed a penalty of \$10.00 per fifteen (15) minutes after the first five (5) minutes.
- C. Individuals who are dropped off directly at a program site may be dropped off no more than 5 minutes before the start of program. Those individuals dropped off early will be assessed a penalty fee of \$10.00 per (15) fifteen minutes. Individuals picked up late at a program site will be assessed the same penalty as stated in A.
- D. After the first offense, individuals will be charged a higher rate.
- E. Abuse of the policy will result in suspension from the program.

DIFFERENT PERSON PICK-UP

If someone other than the parent/guardian or group home staff will be picking up a participant at the conclusion of the program, either at the program site or pick-up/drop-off point, advance written notification **MUST** be given to the TR staff.

ADULT PROGRAMS, AGES 17 AND OLDER

FIT & FRESH (98429)



Everyone likes to get healthy when the weather is warmer. This program will combine fitness and cooking to feel our best. Each week will be a different fitness workout and healthy cooking session.

Date: Wednesdays, May 4, 11, 18
Time: 7:00 – 8:30pm
Fee: \$70.00

CINCO DE MAYO WITH THE EEC (98430)



Come join our fiesta! We will learn about Mexico's top 10 animals from Naturalist Christa Wood. This program will include a fun craft and we will make and taste some great food.

Date: Thursday, May 5
Time: 7:00 – 8:30pm
Fee: \$35.00

MOVIE NIGHT (98431)



Lights, camera, action! Who doesn't love a night out with friends? Join us for a movie and light snack on a fun Friday night.

Date: Friday, May 6
Time: 7:00 – 9:30pm
Fee: \$15.00



ZUMBA PARTY (98432)



Parties are always a blast! This party is a way to get fit while having fun!

Date: Monday, May 9
Time: 7:00 – 8:30pm
Fee: \$25.00

WONDERS OF WOOD (98433)



Making beautiful and unique wood items is fun and easy. We will use basic tools ranging from hammers to sandpaper. We will also learn about finishing using wood stain and stencils. Everyone will take home a decorative piece to be proud of.

Date: Thursdays, May 12, 19, 26
Time: 7:00 – 8:30pm
Fee: \$75.00



SOCIAL CLUB (98434)



It's a Friday night! Socializing is always fun, especially with TR. Come mingle with both friends new and old. Join us for an evening of excitement guaranteed to get you in the summer spirit. We will play some games and have a snack. **You may only sign up for one session.**

Session I: Friday, May 13
Session II: Friday, June 17
Time: 7:00 – 8:30pm
Fee: \$30.00

OUTDOOR ART (98435)



Let's create some beautiful art projects using the outdoors as your medium. Participants will utilize a variety of craft materials.

Date: Mondays, May 16, 23
Time: 7:00 – 8:30pm
Fee: \$60.00

BINGO (98443)



You have to be in it to win it! With great prizes and yummy snacks you will have a great time with friends. **You may only sign up for one session.**

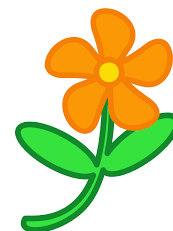
Session I: Wednesday, May 25
Session II: Wednesday, June 1
Time: 7:00 – 8:30pm
Fee: \$25.00

PAINTING FUN (98436)



Dip your brush into a colorful palette and create one-of-a-kind painting masterpieces. No art experience needed. **You may only sign up for one session.**

Session I: Tuesdays, May 31; June 21
Session II: Thursdays, June 2, 23
Time: 7:00 – 8:30pm
Fee: \$55.00



ADULT PROGRAMS, AGES 17 AND OLDER

DANCE PARTY (98437)



Show off your moves at this party while listening to popular music everyone can enjoy. We will enjoy light refreshments and the company of friends.

Date: Friday, June, 3

Time: 7:00 – 9:00pm

Fee: \$30.00

WALK IN THE PARK (98442)



Park hop and get fit as we visit a different park each week. We will walk and chat while enjoying the outdoor sights and sounds.

Date: Mondays, June 6, 13, 20

Time: 7:00 – 8:30pm

Location: **June 6:** EEC
190 Lord Stirling Road
Basking Ridge

June 13: Duke Island Park
Old York Road, Bridgewater

June 20: Natirar Park
2 Main Street, Peapack

Fee: \$39.00

GREAT GRILLING (98439)



Crank up the heat and light the fire under this spring season. Become a master griller and cook up something to write home about. This is your opportunity to learn how to cook in the great outdoors. Eat a light meal before program.

Date: Tuesdays, June 7, 14

Time: 7:00 – 8:30pm

Fee: \$55.00



GOLFING GALORE (98440)



Fore! Get back in the game while polishing up your skills with a golf pro. We will work on the driving range, putting, and more. This program will take place at Neshanic Valley Golf Learning Center.

Date: Wednesdays, June 8, 15, 22

Time: 7:00 – 8:30pm

Location: Neshanic Valley Learning Center
2301 South Branch Road
Neshanic Station

Fee: \$50.00

LAWN GAMES (98441)



If you want to have a blast learning and playing exciting games then run don't walk, to the TR Activity Center. In this game centered program, you will join your friends to take on the challenge of having some fun as we play a variety of lawn games, such as bocce, badminton, croquet and more!

Date: Thursdays, June 9, 16

Time: 7:00 – 8:30pm

Fee: \$34.00

PUTT & PADDLE (98445)

Challenge your friends to see who can get a hole in one! We will enjoy a day of putt putt and paddle boats at Colonial Park. After the fun we will enjoy a brown bag lunch in the park! **Please bring \$10.00 for your golf and paddle boat fees and a brown bag lunch.**

Date: Saturday, June 25

Time: 10:00am – 1:00pm

Location: Colonial Park, Parking Lot D
156 Mettlers Road
Franklin Township

Fee: \$22.00



SPECIALS

TENNIS (98445)

It isn't as hard as you might think, and a great way to get some exercise. Basic tennis skills will have you hitting the ball like a pro and have a better understanding of his popular sport. Wear sneakers and comfortable clothes and bring a tennis racket each week if you have one.

Date: Tuesdays, May 3, 10, 17, 24

Time: 7:00 – 8:00pm

Location: Green Knoll Tennis Center, Garretson Road, Bridgewater

Fee: \$80.00

PATRIOTS GAME (98446)

Spend a fun-filled summer evening with us at the TD Bank Ballpark. The evening's entertainment will include Tyler's amazing balance act. Tyler has the ability of a balancing anything on his face. Then it's batter up for the Somerset patriots as they take on the New Hampshire Fisher Cats. Please bring extra money for a snack and souvenirs.

Date: Saturday, May 7

Time: 5:30 – 9:00pm




Location: TD Bank Ballpark, 860 E Main St., Bridgewater

(We will meet at the Target Parking lot across the street)

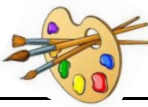

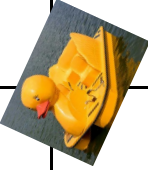
Fee: \$33.00



May

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
		Tennis	Fit & Fresh	Cinco De Mayo With The EEC	Movie Night	Patriots Game
8	9	10	11	12	13	14
	Zumba Party	Tennis	Fit & Fresh	Wonders of Wood	Social Club 	
15	16	17	18	19	20	21
	Outdoor Art	Tennis	Fit & Fresh	Wonders of Wood		
22	23	24	25	26	27	28
	Outdoor Art	Tennis	Bingo I 	Wonders of Wood		
29	30	31				
	HOLIDAY	Painting Fun I				

June

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
			Bingo II	Painting Fun II	Dance Party	
5	6	7	8	9	10	11
	Walk in The Park	Great Grilling	Golfing Galore	Lawn Games		
12	13	14	15	16	17	18
	Walk in The Park	Great Grilling	Golfing Galore	Lawn Games	Social Club	
19	20	21	22	23	24	25
	Walk in The Park	Painting Fun I	Golfing Galore	Painting Fun II		Putt & Paddle 
26	27	28	29	30		