



Somerset County
Park Commission

SOMERSET COUNTY PARK COMMISSION

T.R.A.I.L.S.

(Therapeutic Recreation Adapted Instruction at Lord Stirling)

Adapted horseback riding instruction for children, teens, & adults ages 9 and older with a developmental disability, and reside in Somerset County.

Dates: Beginning Tuesday, March 28 or Wednesday, March 29

Classes: Tuesdays 6:15-7:30 PM or 7:15-8:30 PM
Wednesdays 6:15-7:30 PM or 7:15-8:30 PM

Please leave two weeks open at the end of the session in the event that make-up lessons are required.

Your class assignment is at the discretion of the TR staff and the riding instructor. Class assignment is determined by rider's functional and riding ability and not age, in order to allow for higher skill progression. Riders new to the T.R.A.I.L.S. program will be tested for riding ability prior to the start of lessons in order to establish class assignment. *Mandatory testing for new riders who register for the spring lessons will take place on Wednesday, March 1 beginning at 6:30 pm.

Location: Lord Stirling Stable, South Maple Avenue, Basking Ridge, NJ 07920

Fee: \$205.00

Riders must weigh less than 225 pounds and able to balance themselves on the horse with minimal assistance. All riders will be weighed the first night of class. All riders must wear an approved equestrian helmet. No exceptions. Helmets are available for use at Lord Stirling Stable at no extra charge.

There will be a limited number of spaces available based on the number of horses available for each class. All riders must provide one (1) volunteer each week for the 10 weeks. *Acceptance in the program is at the discretion of the TR staff/instructor and based on the availability of volunteers to assist & an appropriate horse that can support the rider's weight.*

Registration will take place on Wednesday, February 15 from 6:30 – 7:00 pm in person at North Branch Park, TR Activity Center, Milltown Road, Bridgewater. *Snow date: Thursday, February 16, 2017 at the same time.* (No phone, fax or emailed registration will be accepted). Please visit our website to review the policies and procedures regarding the TR registration process. Questions? Please call 908 526-5650. Individuals with a hearing/speech impairment may call the Relay Service @ 711. You can visit us on the web @ www.somersetcountyparks.org



T.R.A.I.L.S. Spring 2017

NAME: _____ AGE: _____ BIRTH DATE: _____

ADDRESS: _____
Street City Zip

TELEPHONE: _____ EMAIL: _____

HEIGHT: _____ WEIGHT: _____ DISABILITY: _____

SCHOLARSHIP: No Yes (If yes, please submit a \$25.00 deposit)

PAYMENT: CHECK CREDIT CARD CASH (Exact change only)

CREDIT CARD#: _____ EXPIRATION DATE: _____

SIGNATURE: _____ SECURITY CODE: _____