



Somerset County Park Commission Lord Stirling Stable

## Summer 2018 Special & Unique Classes



(These classes offer more advanced junior and adult riders a chance to expand or broaden their riding skills in specific areas or just to ride for pleasure. With the exception of the Flat /Advanced Flat classes, these are not classes in which a rider can advance to the next level.)

256 South Maple Avenue, Basking Ridge, NJ 07920 • 908 766-5955 • [www.somersetcountyparks.org](http://www.somersetcountyparks.org)

### WESTERN PATTERNS

#### **Mondays 6:30pm for Western Pass Holders**

Western Patterns is a FUN class where riders concentrate on patterns/moves that might include rein backs, simple lead changes, circles, turns on the forehand, and others that are done at a halt, walk, jog or lope. It is a Western Advanced Flat class.

### EQUITATION OVER FENCES

#### **Mondays 6:30pm for Advanced Intermediate 2/A and higher levels**

Riders in this class will work on their form over fences (and on the flat!) and will learn how to effectively use their aids to rate their horses. The class will work on rider balance and control, striding and approach to the jumps. **Riders in this class will be able to advance to the next level, if they meet the attendance and level criteria.**

### INTRO TO WESTERN

#### **Mondays 8:30pm for Intermediate 2/C-2 and higher levels**

For riders who are looking to learn Western riding and participate in our other Western classes. The class will concentrate on neck reining and western riding.

### CENTERED RIDING

#### **Mondays 8:30pm for Beginner 3/D-3 and higher levels**

For riders who would like to be a better partner with their horse. By increasing body awareness, Centered Riding assists the rider to become more balanced and coordinated, allowing both the horse and rider to move more freely and comfortably together.

### “GROOMING WORKSHOP”

#### **Tuesday 6:00pm – all levels**

This is a non-riding, hands-on class for any rider or non rider who loves to groom. It is a ideal class to relax or to relieve stress after a long day of school or work. Each class will include demonstrations and instruction with time left to groom and practice. This is an excellent opportunity to learn and to spend time bonding with the horses! All levels are welcome. Cost is \$50 for five weeks.

*If you have individualized needs due to a disability, please call 908 526-5650 and we will be happy to arrange reasonable accommodations. Three weeks notice is required to ensure that appropriate accommodations can be provided.*

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## **TRAIL ETIQUETTE** (Must complete in order to qualify for a Trail Card)

### **Tuesdays 6:30pm for Advanced Intermediate 1/B and higher levels**

Anyone wishing to obtain a trail card must first successfully complete a 5 week trail etiquette class. The instructor will then decide if the rider is ready to receive a trail card along with their advancement class instructor. This class will cover proper trail riding manners, tips, and techniques for an enjoyable trail ride. We will be offering two 5 week sessions for each time offered. Only one five week session is required to meet trail card eligibility. Riders must be at least AI2 Level to be given a Trail Card.

## **“BARE ESSENTIALS”**

### **Wednesday 10am, Thursday 8:30pm and Saturday 9am for Intermediate 2/C-2 and higher levels**

Experience the thrills of riding bareback in this special class designed to improve rider balance and feel of the horse’s gaits. Develop that Zen-like connection with your horse. Approximately twenty minutes will be spent warming up under saddle. Riders will then unsaddle and ride bareback for the remainder of the class. Horses used for the class will be C2/I2 through C3/I3 level, although riders eligible for the class are C2/I2 and higher.

## **CROSS COUNTRY**

### **Wednesdays and Thursdays 6:30pm for Advanced 1 – 4/BB-AAAA**

Fun in the Jumping Field! With a variety of jumps and lots of space, horses and riders will have the opportunity to enjoy riding and jumping cross country type fences.

## **“TAKE IT EASY” WITH YOGA ON HORSEBACK**

### **Wednesdays 7:30pm for Beginner 3/D-3 and higher levels**

Is nervousness taking the pleasure out of your riding? Replace your fear with knowledge. This class will concentrate on building confidence – emotionally and physically. Yoga exercises before mounting and on horseback will help stretch and relax joints and muscles with the aim of being able to move more freely and relax with your horse. Personal attention will be taken to assign riders to one or two horses for the session so each rider can work on building a sense of comfort and confidence. Come and relax and have fun!

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### THE RETURNING RIDER

**Fridays 8:30am for Beginner 3 and higher levels – 1½ hours**

This class is for the rider who is getting back into riding after an absence or wants to overcome an obstacle that has been in their way. The class will focus on individual challenges for each rider.

### MUSICAL RIDE

**Fridays 10:00am for Intermediate 1/C-1 & higher levels**

This special class will focus on riding to music. Riders will learn how to choose appropriate music, coordinate movements, and then practice the routine they have developed.

### GUEST INSTRUCTOR

**Fridays 6:30pm**

The first five weeks of this class will be a Cross Country class for A/AI2 riders and higher. The second five weeks will be a Flat and Gymnastics class for riders at least C-2/Intermediate 2 and higher. Payment is by cash or check only. Fees for each five week session are \$200 for Somerset County residents, \$235 for non-county ID/grandfathered riders, and \$275 for out of county riders. Riders may give three horse choices.

### WEEKLY TRAILS

**Friday 6:30pm (three options)**

Registration will be online. Riders will sign up for each week individually up until 9am the day before the ride. A minimum of four riders is required for each ride to go. Riders (who have signed up) will be notified through email the day before if the class that week is cancelled due to the weather or low enrollment. Regular lesson fees apply. The Friday 6:30pm trails are as follows: English Walk/Trot for riders Beg. 3/D-3 and higher, English W/T/C (footing permitting) for riders Int. 3/C-3 and higher, and a Western trail for those riders with Western Passes.



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