

Spring 2019 New and Special Classes



256 South Maple Avenue, Basking Ridge, NJ 07920 • 908 766-5955 • www.somersetcountyparks.org



DRILL CLASSES

JR NON-PERFORMING DRILL

Mondays 5:30pm for C-1 and higher levels

This class is a great introduction for junior riders interested in becoming members of the Junior Drill Team or for those riders who just want to have fun. Participants will increase their riding skills while riding drill patterns to music in sync with others in a non competitive environment.

NON-PERFORMING DRILL

Mondays (10 wks) 11:00am and Wednesdays (1st 5 wks) 7:30pm for Int 2/C-2 and higher levels

Both adult and junior riders will expand their riding skills and have fun riding in pairs and/or riding drill patterns in sync with others in a non competitive environment.



TRAIL CLASSES*, WEEKLY TRAILS** AND TRAIL ETIQUETTE

TRAILS AND WEEKLY TRAILS

Day	Time	Minimum Level
For the trail classes* below riders must sign up in five week increments:		
Monday	6:30pm – 2 nd 5 weeks	Western Pass
Tuesday	7:30am	Intermediate 2
Wednesday	1pm	Intermediate 1
Thursday	7:30am	Intermediate 3
Friday	9am	Adv. Intermediate 1
Friday	11am	Western Pass
Friday	6:30pm	Western Pass
Saturday	12pm	Adv. Intermediate 1/B
For the Weekly Trails* below, riders can sign up weekly, for as many weeks as they like:		
Monday	7:30am	Adv. Intermediate 1
Tuesday	4:30pm	C2
Wednesday	6:30pm	Int. 2/C2

All of the above trail rides are led by an instructor.

*The trails go out, even if it is raining. If there is stormy weather or unsafe footing, the trail class will ride inside.

**Riders will sign up online for each week individually *until 9am the day before the ride*. A minimum of four riders is required for the ride to go. Registered riders will be notified through email the day before if the class that week is cancelled due to the weather (trails will go in the rain) or low enrollment.



If you have individualized needs due to a disability, please call 908-526-5650 and we will be happy to arrange reasonable modification. Three weeks notice is required to ensure that appropriate modification can be provided.

Spring 2019 New and Special Classes



TRAIL ETIQUETTE & JR TRAIL ETIQUETTE

Thursdays 11am, 5:30pm (juniors), and 6:30pm for Advanced Intermediate 1/B and higher levels

Any rider wishing to obtain a trail card must first complete a five week trail etiquette class and receive a positive recommendation from the class instructor. The class will cover proper trail riding manners, tips, and techniques for an enjoyable trail ride. Juniors are only required to take one five week session as well. Riders must complete a Trail Etiquette class and a five week level class successfully in order to qualify for a Trail Card. AI1/B riders may take the class so that they are ready to be given a trail card once they reach the level of AI2/A.

Trail Cards permit riders to ride on the trail without a stable guide. Riders with trail cards must take one other experienced rider with them on the trail. The other rider must have control and a secure seat at the walk, posting trot, and canter. In order to maintain their trail card status, riders must ride regularly at Lord Stirling Stable and obey all of the park rules. Riders must be at least twelve years old to have a trail card.



WESTERN CLASSES

INTRO TO WESTERN

Mondays 7:30pm and Fridays 11am for Intermediate 2/C2 and higher levels

For riders who are looking to learn western riding and participate in our other western classes. The class will concentrate on proper leg, seat, and hand position as well as neck reining.

WESTERN PATTERNS CLASS

Mondays 6:30pm (1st 5 weeks) and Fridays 7:30pm for riders who have been given advance permission to register for the class.

Western Patterns is a FUN class where riders concentrate on patterns/moves including rein backs, simple lead changes, circles, turns on the forehand, and other maneuvers that are done at a halt, walk, jog or lope. It is a western Advanced Flat class.



JUMPING RELATED CLASSES

INTRODUCING A HORSE TO JUMPING

Thursdays 6:30pm for Advanced 2/AA and higher levels

Both junior and adult riders will work with horses who have done relatively little jumping. The riders will use their skills to help the horses gain experience over fences and improve their steadiness and confidence. The amount of jumping will be tailored to the horses and their individual educational needs.



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“JUMPING” ON THE FLAT

Wednesdays 6:30pm and Saturdays 8am for Advanced Intermediate 1/B and higher levels

This class will improve riders’ jumping ability and skill. Courses will be built with ground poles and low cavaletti. This class will:

- Improve riders’ sense of distance and timing
- Focus on rhythm, pace and balancing the horse
- Practice “jumping” through looking and without looking
- Assist riders to attain a following and elastic seat and hands
- Strengthen and correct riders’ two point position
- Work on counting strides off of turns and into lines
- Teach a more efficient use of half halts, engaging the hindquarters and getting the horse off of the forehand



FLAT CLASSES AND SPECIAL INTEREST CLASSES

FLAT, FLAT/ADVANCED FLAT, and ADV. FLAT 1&2

Tuesdays 7:30pm, Fridays 7:30pm, Saturdays 10am, and Mondays 8:30am (1½ hour class)

When a junior or adult rider reaches the Advanced Intermediate 2 Level (A for Juniors), he/she is given a “Flat” pass. Flat and Advanced Flat classes work on bending, flexion, lateral moves, extensions and collections. In order to advance from Advanced 2 to Advanced 3 (AA to AAA for juniors), riders must complete ten weeks of a Flat class. Once a rider receives a Flat pass, the advancement progression is Flat → Advanced Flat 1 → Advanced Flat 2. Riders may elect not to jump and only follow the “Flat” progression of advancement or may chose to continue along both the jumping level (AI2/Advanced 1 through 4 and A/BB/AA through AAAA for juniors) and the flat level of progression.

LOOKING FOR HARMONY WITH YOUR HORSE

Wednesdays 10:00am for Intermediate 1 and higher levels

This is a walk/trot class designed to help develop better balance and oneness with the horse.

MUSICAL RIDE

Fridays 11am and 6:30pm for C-1/Intermediate 1 and higher levels

This special class will focus on riding to music. Riders will learn how to choose appropriate music, coordinate movements, and then practice the routine they develop.

“TAKE IT EASY”

Wednesdays 7:30pm for Intermediate 1/C-1 and higher levels

In this class riders will overcome anxiety with knowledge. This class will concentrate on building confidence – emotionally and physically. Personal attention will be taken to assign riders to one or two horses for the session so you can work on building a sense of comfort and security together. The goal is to relax and have fun.



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INTRO TO DRESSAGE

Saturdays 4:00pm for C-1/Intermediate 1 and higher levels

Riders will work on producing relaxed, balanced and forward moving horses that bend into the corners and are responsive to aids. Although an introductory class, riders with dressage experience will benefit from the class. The FLSS annual Dressage Show is on April 14th this year.

PATTERNS AND MOVEMENTS

Tuesdays 7:30pm for Intermediate 3/C-3 and higher levels

Learn to ride dressage tests and equitation patterns with accuracy and precision. The class will focus on individual movements which comprise the tests.

EQUINE GYMNASTICS & YOGA ON HORSEBACK

Tuesdays 9am for Intermediate 2 and higher levels

Just as gymnastics help develop balance and symmetry in our horses, yoga can help us improve balance and symmetry as riders. Yoga exercises before mounting and on horseback will help stretch and relax joints and muscles with the aim of being able to move more freely with our horse. Gymnastic exercises with poles and patterns will help horses and riders improve flexibility, rhythm and intent.

SPECIAL GUEST INSTRUCTOR

Mondays 8:30pm and Fridays 8:30pm – Information forthcoming

NON RIDING CLASSES

EQUINE ART

Saturdays 1:30 – 3:00pm

Depending upon the participants, this class may explore a variety of art processes, materials and mediums, including photography. The instructor tailors the class to the students' interests.

HORSE CARE 101

Thursdays 6:30-8:30pm and Saturdays 1-3pm, for all riders and non-riders age 9 and up

In 101, participants will learn the basics of horse care including the proper way to safely handle a horse, groom, and tack up. The parts of the horse, saddle, and bridle are discussed, in addition to horse breeds, colors, and basic horse care. *There is no riding involved in this class. 102 and 103 topics will build on what was covered in 101.*



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